

11 Week Total Player Prep Class

Ages 6 - 7



When Wed at 4:00pm or Fri at 5:00pm

Where TPC Pleasanton
7073 Commerce Circle
Pleasanton, CA 94588
925.416.1600
The pitching center.com

Class Description

- Attend 1 – 50 min class per week
- 11 Total classes
- TPC Trainer
- Fundamental Throwing
- Introduction to basic pitching mechanics
- Footwork Drills for Throwing (All Positions)
- Fundamental Infield Drills & Practice
- Fundamentals of the swing and set up
- Tee & Soft Toss work
- Pitching Machine Hitting
- Intro to Live Batting Practice

Expected Outcomes

- Improved throwing motion
- Improved throwing control and velocity
- Proper fielding set up with glove work and ball reception
- Custom hitting set up and stance
- Improved hitting contact
- Fundamentals of base running
- How to avoid and deal with getting hit by ball

Cost Classic Member \$27/Class - \$162 Total*
TPC Elite Member - FREE

The price listed includes a 10% discount for full 6 class session registration. Your current membership status will automatically apply during the checkout process. You will be given the opportunity to purchase a membership or upgrade your current membership.