



Baseball Ages 8-10

TPC Elite Training Schedule

Level 1 Classes

Hitting	Sunday	2:30-2:20
Hitting	Monday	5:00-5:50
Hitting	Tuesday	5:00-5:50
Hitting	Thursday	4:00-4:50
Hitting	Friday	4:00-4:50
Pitching	Sunday	1:30-2:20
Pitching	Monday	4:00-4:50
Pitching	Tuesday	4:00-4:50
Pitching	Thursday	5:00-5:50
Fielding	Wednesday	7:00-7:50
Catching	Tuesday	6:00-6:50
Speed/Agility	Tuesday	4:00-4:50
Speed/Agility	Friday	5:00-5:50

Level 2 Classes (Must qualify as Level 2 student)

Hitting	Sunday	4:30-5:20
Hitting	Monday	7:00-7:50
Hitting	Thursday	4:00-4:50
Hitting	Friday	6:00-6:50
Pitching	Sunday	3:30-4:20
Pitching	Monday	6:00-6:50
Pitching	Wednesday	5:00-5:50
Pitching	Thursday	5:00-5:50



Baseball Ages 11—13

TPC Training Schedule

Level 1 Classes

Hitting	Sunday	2:30-3:20
Hitting	Monday	4:00-4:50
Hitting	Tuesday	5:00-5:50
Hitting	Thursday	5:00-5:50
Hitting	Friday	4:00-4:50
Pitching	Sunday	1:30-2:20
Pitching	Monday	5:00-5:50
Pitching	Tuesday	6:00-6:50
Pitching	Thursday	4:00-4:50
Fielding	Wednesday	7:00-7:50
Catching	Tuesday	6:00-6:50
Speed/Agility	Tuesday	4:00-4:50
Speed/Agility	Friday	5:00-5:50

Level 2 Classes (Must qualify as Level 2 student)

Hitting	Sunday	3:30-4:20
Hitting	Tuesday	6:00-6:50
Hitting	Thursday	6:00-6:50
Hitting	Friday	6:00-6:50
Pitching	Sunday	4:30-5:20
Pitching	Tuesday	5:00-5:50
Pitching	Wednesday	5:00-5:50
Pitching	Thursday	5:00-5:50



Baseball Ages 14&Up

TPC Training Schedule

Level 1 Classes

Hitting	Sunday	1:30—2:20
Hitting	Tuesday	7:00—7:50
Hitting	Thursday	8:00—8:50
Pitching	Sunday	2:30—3:20
Pitching	Wednesday	8:00—8:50

Elite Varsity Classes

EV Pitching	Monday	8:00—8:50
EV Pitching	Thursday	6:00—6:50
EV Hitting	Monday	6:00—6:50
EV Hitting	Friday	8:00—8:50
Weight Lifting	Monday	7:00—7:50
Weight Lifting	Tuesday	7:00—7:50
Weight Lifting	Thursday	7:00—7:50
Weight Lifting	Friday	7:00—7:50

Specialty Classes

Ages 14 & Up Advanced Pitching

Ages 15 & Up Power Throwing

Level 1 is free to Elite members

EV Classes are free for Varsity Elite members.

Specialty are 30-50% discount to Elite & EV members





Softball Ages 8—12

TPC Training Schedule

Level 1 Classes

Hitting	Mon	4:00—4:50
Pitching	Mon	5:00—5:50
Hitting	Wed	4:00—4:50
Pitching	Wed	5:00—5:50
Speed/Agility	Tue	4:00—4:50
Speed/Agility	Fri	5:00—5:50
Catching(10-13)	Tue	6:00—6:50
Fielding	Wed	7:00-7:50

Level 1 classes are free to Elite members



Softball Ages 13 & Up

TPC Training Schedule

Level 1 Classes

Pitching	Mon	5:00—5:50
Hitting	Mon	6:00—6:50
Pitching	Wed	5:00—5:50
Catching	Tue	6:00—6:50
Fielding	Wed	7:00-7:50
Speed/Agility	Tue	4:00—4:50
Speed/Agility	Fri	5:00—5:50

Level 1 classes are free to Elite members



Baseball Ages 6—7

TPC Training Schedule

Level 1 Classes

Total Player Prep

Wednesday 4:00-4:50

Friday 5:00-5:50

Level 1 classes are free to Elite members

