



Baseball Ages 8-10

TPC Online Training Schedule

Level 1 Classes

Hitting	Sunday	12:00-12:30
Hitting	Monday	2:30-3:00
Hitting	Tuesday	2:30-3:00
Hitting	Thursday	2:30-3:00
Hitting	Friday	1:30-2:00
Pitching	Sunday	11:00-11:30
Pitching	Monday	1:30-2:00
Pitching	Tuesday	1:30-2:00
Pitching	Thursday	1:30-2:00
Fielding	Wednesday	4:00-4:30
Fielding	Sunday	3:00-3:30
Catching	Wednesday	3:00-3:30
Speed/Agility	Tuesday	9:00-9:30 AM
Speed/Agility	Friday	9:00-9:30 AM

Level 2 Classes (Must qualify as Level 2 student)

Hitting	Sunday	2:00-2:30
Hitting	Monday	1:30-2:00
Hitting	Tuesday	1:30-2:00
Hitting	Thursday	1:30-2:00
Hitting	Friday	1:30-2:00
Pitching	Sunday	1:00-1:30
Pitching	Monday	2:30-3:00
Pitching	Tuesday	2:30-3:00
Pitching	Wednesday	2:00-2:30
Pitching	Thursday	2:30-3:00



Baseball Ages 11—13

TPC Online Training Schedule

Level 1 Classes

Hitting	Sunday	12:00-12:30
Hitting	Monday	2:30-3:00
Hitting	Tuesday	2:30-3:00
Hitting	Thursday	2:30-3:00
Hitting	Friday	1:30-2:00
Pitching	Sunday	11:00-11:30
Pitching	Monday	1:30-2:00
Pitching	Tuesday	1:30-2:00
Pitching	Thursday	1:30-2:00
Fielding	Wednesday	4:00-4:30
Fielding	Sunday	3:00-3:30
Catching	Wednesday	3:00-3:30
Speed/Agility	Tuesday	9:00-9:30 AM
Speed/Agility	Friday	9:00-9:30 AM

Level 2 Classes (Must qualify as Level 2 student)

Hitting	Sunday	2:00-2:30
Hitting	Tuesday	1:30-2:00
Hitting	Monday	1:30-2:00
Hitting	Thursday	1:30-2:00
Hitting	Friday	1:30-2:00
Pitching	Sunday	1:00-1:30
Pitching	Monday	2:30-3:00
Pitching	Tuesday	2:30-3:00
Pitching	Wednesday	2:00-2:30
Pitching	Thursday	2:30-3:00



Baseball Ages 14&Up

TPC Online Training Schedule

Elite Varsity Classes

Hitting	Sunday	11:00—11:30
Hitting	Monday	3:30—4:00
Hitting	Tuesday	4:30—5:00
Hitting	Thursday	2:30—3:00
Hitting	Friday	2:30—3:00
Pitching	Sunday	12:00-12:30
Pitching	Wednesday	3:00—3:30
Pitching	Monday	4:30—5:00
Pitching	Thursday	3:30—4:00
Weight Lifting	Monday	1:00—1:30
Weight Lifting	Tuesday	1:00—1:30
Weight Lifting	Thursday	1:00—1:30
Weight Lifting	Friday	1:00—1:30





Softball Ages 8—12

TPC Online Training Schedule

Level 1 Classes

Hitting	Mon	1:30—2:00
Pitching	Mon	2:30—3:00
Hitting	Wed	1:00—1:30
Pitching	Wed	2:00—2:30
Pitching	Fri	2:30—3:00
Pitching	Sun	2:00—2:30
Hitting	Fri	3:30—4:00
Hitting	Sun	1:00—1:30
Speed/Agility	Tue	9—9:30AM
Speed/Agility	Fri	9—9:30AM
Catching	Wed	3:00—3:30
Fielding	Wed	4:00-4:30
Fielding	Sun	3:00-3:30

Level 1 classes are free to Elite members



Softball Ages 13 & Up

TPC Online Training Schedule

Level 1 Classes

Pitching	Mon	2:30—3:00
Hitting	Mon	1:30—2:00
Hitting	Wed	1:00—1:30
Hitting	Sun	1:00—1:30
Pitching	Wed	2:00—2:30
Pitching	Fri	2:30—3:00
Hitting	Fri	3:30—4:00
Pitching	Sun	2:00—2:30
Catching	Wed	3:00—3:30
Fielding	Wed	4:00—4:30
Fielding	Sun	3:00—3:30
Speed/Agility	Tue	9—9:30AM
Speed/Agility	Fri	9—9:30AM

Level 1 classes are free to Elite members

